

IRC2026

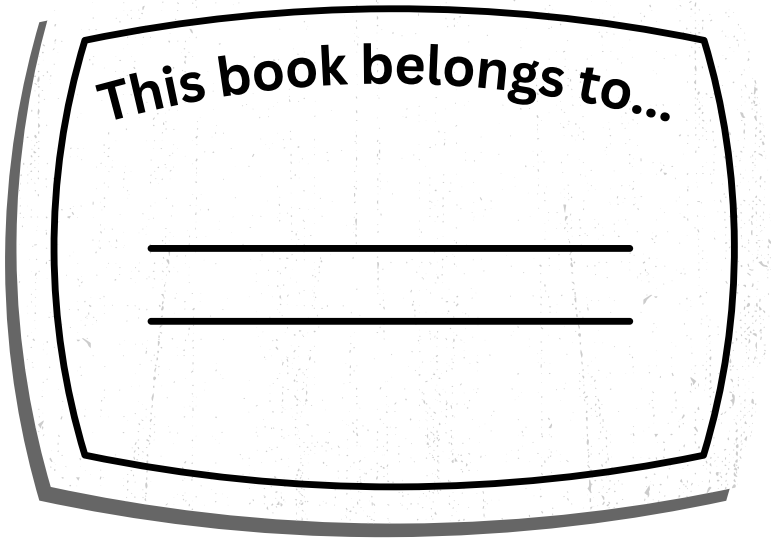
International Recovery Convention
August 2026

Baltimore, Maryland, United States
Virtual

DRAFT Revised 21 July 2026
US/Virtual Schedule



50
YEARS
1976-2026



All workshops are presented by individual members of the S.L.A.A. Fellowship and do not represent or constitute endorsement by S.L.A.A., the Greater Delaware Valley Intergroup, or Ireland Intergroup. They are not intended as alternatives to working the Twelve Steps of S.L.A.A.

Many IRC sessions will be livestreamed and recorded for rebroadcast or distribution. Please be aware that by participating in the IRC you are granting permission to be recorded if you opt to share, and consider this when disclosing your name or personal information.

Please Note: The IRC schedule, including meetings, workshops, times, and locations are subject to change or cancellation due to unforeseen circumstances.

Welcome!

Welcome to the 2026 S.L.A.A. International Recovery Convention! We are deeply grateful to gather with members of our worldwide Fellowship for a weekend of recovery, connection, and hope.

We welcome members from around the world who are coming together for a rich and varied series of meetings, workshops, speaker panels, and fellowship activities. The convention schedule includes opening and closing plenaries, themed workshops, spiritually-centered and recovery-focused discussions, step work intensives, and opportunities for reflection, creativity, and connection.

Throughout the event, special emphasis has been placed on accessibility and connection. Registration and check-in times are thoughtfully structured to support both in-person and virtual attendees, and dedicated spaces are provided for fellowship, bookstore resources, recovery work, and informal connections. Whether joining a morning workshop, an evening meeting, or a shared meal conversation, participants will find many opportunities to engage with recovery in meaningful and practical ways.

We also welcome participants from the *Fantasy Forum*, hosted by the Conference Fantasy Committee (CFaC). The CFaC was formed last year to support those who identify fantasy as a central aspect of their sex and love addiction.

Fellowship Across Three Locations - Our convention takes place across three connected spaces: historic Baltimore, Maryland, USA; the peaceful village of Castletown, County Laois, Ireland; and online via our Zoom platform. Though we gather in different places and time zones, we are united by a shared purpose—to seek freedom from sex and love addiction through the Twelve Steps and Twelve Traditions of Sex and Love Addicts Anonymous. Wherever you are joining from, you are an essential part of this global Fellowship.

For those joining us in Baltimore, we welcome you to a vibrant, historic city rich in culture, waterfront beauty, and deep history. For those gathering in Castletown, we hope you experience the gentle rhythm of the Irish countryside, where quiet landscapes and welcoming community offer space for reflection and renewal. For our virtual guests, we are grateful for your presence and for the technology that allows us to gather as one Fellowship across distance and time.

While each location has its own character and rhythm, all are part of one shared experience: recovery in action. Throughout the event, participants will move together through structured sessions, shared themes, and moments of spontaneous connection, reminding us that recovery is both deeply personal and profoundly communal. No matter where we are located, we share the same message of hope: recovery is possible, and none of us has to walk this path alone.

As we come together in the spirit of unity, may this convention renew your hope, strengthen your recovery, deepen your connection with your Higher Power, and remind you that healing unfolds one day, one step, and one moment at a time.

Welcome to the 2026 S.L.A.A. International Recovery Convention.

We are grateful you are here.



A Brief History of Sex and Love Addicts Anonymous

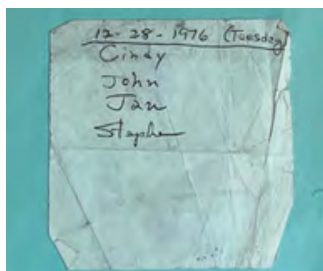
Sex and Love Addicts Anonymous traces its origins to a single individual - a man in his twenties living in the Boston area who had years earlier achieved sobriety from alcohol through Alcoholics Anonymous, only to discover that compulsive sexual and romantic behavior had continued to consume his life. Despite working the Twelve Steps and being active in A.A., he found himself trapped in obsessive entanglements, unable to remain faithful to his marriage, and powerless to end affairs even when he desperately wanted to. The parallels to alcoholism were unmistakable to him: loss of control, progressive consequences, and a pattern that persisted regardless of his intentions.

In September 1976, facing what he described as a genuine crisis of sanity, he made a decisive break from his most consuming relationship and entered a period of full withdrawal - not just from that specific person, but from all compulsive sexual and romantic behavior. The months that followed were marked by intense emotional pain, identity crisis, and repeated temptation, but also by a growing sense of dignity and self-knowledge he had never before experienced. He kept a running journal of his thoughts and feelings, leaned on his existing A.A. community where he could, and gradually began to recognize the specific behaviors that had fueled his addiction.

By December 1976, convinced that lasting recovery would require the fellowship of others who truly understood this particular affliction, he began sharing his story openly - at A.A. meetings, in conversations, and in the community around him. Out of those conversations, a small group of four people - two men and two women, each with their own distinct but recognizable pattern of compulsive sexual and emotional behavior - gathered in his Cambridge, Massachusetts apartment on December 28, 1976, for the first meeting of what they were calling *Sex and Love Addicts Anonymous*. They structured it on the model of *Alcoholics Anonymous*, sharing their stories without holding anything back. That first meeting lasted about three hours.

Early Growth and Struggle

Growth was slow and fragile in the early years. The fellowship met monthly at first, and many people came in the grip of a crisis, found some relief, and drifted away once the immediate pain subsided. By late 1977, a second member had gone through his own genuine withdrawal and recovery, confirming that what the founder had experienced was replicable. Through the late 1970s and early 1980s, S.L.A.A. grew steadily by word of mouth, expanding from a single meeting in the Boston area to groups on the West Coast and eventually to meetings in a number of U.S. cities.



At left: Attendees list from the first S.L.A.A. meeting, held the 28th of December 1976 in Cambridge, Massachusetts, USA.

(Photo courtesy "Rich M.")

A Brief History of S.L.A.A. (2)

Incorporation and the First Conference

In 1980, S.L.A.A. adopted a motion to incorporate in the state of Massachusetts, a step that would eventually require formal governance structures. Massachusetts law required the annual election of officers, which helped catalyze the creation of more organized fellowship-wide services. On January 14, 1984, eighteen people gathered at Grace Episcopal Church in Newton, Massachusetts for the first formal Fellowship-Wide Services Conference. Business conducted at that meeting included the decision to publish the S.L.A.A. Basic Text, the formation of a committee to develop a compensation plan for the book's authors and editors, and a vote to change language in the Twelfth Step. A financial report from that inaugural year showed just \$1,115 in donations and \$663 in expenses - a modest but meaningful start.

The Board of Trustees

In 1983, the Board of Trustees of the Augustine Fellowship, S.L.A.A., Fellowship-Wide Services, Inc. was formally established to oversee the legal and operational affairs of the fellowship. In its earliest days, the Board was extremely small - at one point consisting of only the co-founder himself, due to the difficulty of finding members with sufficient sobriety. He made a special trip to the West Coast in 1987 to broaden the Board's geographical reach, and the effort succeeded in establishing representation from both coasts.

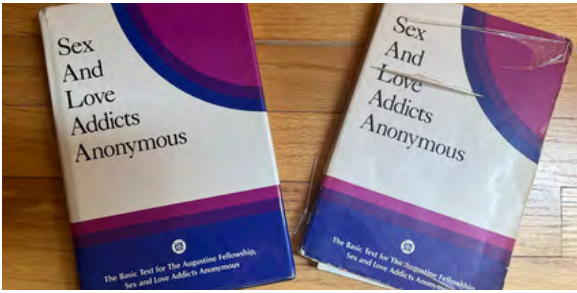
Those early Board meetings, held four times a year by telephone, dealt with foundational questions: obtaining tax-exempt status, securing copyright permissions from *Alcoholics Anonymous World Services* for adapted versions of the Steps and Traditions, planning the first General Service Conference, and determining the appropriate processes for the Board itself. One early policy, established in 1983, required that written records be kept of all meetings - capturing the substance of discussions and summaries of votes - and that Board meetings be closed except when a fellowship member requested to present a matter in person. Originally known as the Board of Directors, the body was renamed the Board of Trustees in 1989 to reflect the Twelve Traditions principle of trusted servanthood.

The Board grew over time, ranging from as few as one member to as many as nine, which became its full complement. Sobriety requirements for trustees, originally set at six months of continuous self-defined sobriety, were raised to one year in 1986 and then to three years in 1990. Meeting frequency increased as well, and in 1989, the Board began holding an additional in-person meeting each year alongside its regular conference call schedule.

The Basic Text

The S.L.A.A. Basic Text - drawn from the lived experiences of the fellowship's early members - was approved as official S.L.A.A. literature at the 1984 Conference and published in 1986. The co-founder had made completing the Basic Text a personal priority, understanding that the message needed to be preserved in writing, regardless of what might become of the service's structure. Its publication was timed to coincide with S.L.A.A.'s tenth anniversary, celebrated at the January 1987 Fellowship-Wide Services Conference. The book's release generated a significant increase in demand for literature, and volunteers from the Board helped manage the small F.W.S. office - then located in a church attic in Newton, Massachusetts - answering letters and filling orders.

A Brief History of S.L.A.A. (3)



At left: The first printed copies of Sex and Love Addicts Anonymous, the Basic Text of S.L.A.A. in hardcover and paperback editions. (Photo courtesy "Rich M.")

Maturing into a National Organization

The transition of Board responsibility following the 1986 Conference marked what those involved described as a sign of maturity - S.L.A.A. becoming a national organization capable of governing itself. Through the early 1990s, the fellowship continued to grow, and its operational infrastructure deepened. The F.W.S. office moved to a new, larger location in the same area and hired full-time staff. The Board expanded its committee structure to handle the growing range of fellowship business, eventually establishing thirteen standing committees - later consolidated to three in 2003 as part of a strategic planning process - covering governance, finance, and public relations.

The annual fellowship gathering evolved as well. Originally called the "F.W.S. Conference," it was renamed the S.L.A.A. Annual Business Conference/Meeting (ABC/M). Beginning in 1990–1991, a separate recovery-focused gathering, the S.L.A.A. International Recovery Convention was established alongside it. The host city began rotating by geographic region to encourage broader participation, and in 1996, the fellowship approved a Travel Equalization Fund to help offset higher travel costs for members attending from greater distances.

Into the 21st Century

In 2006, the F.W.S. office relocated from Boston, Massachusetts to San Antonio, Texas. In 2013, the Annual Business Conference approved a motion to reincorporate in Texas. Because Texas and Massachusetts law did not permit a straightforward reincorporation or merger, a new Texas corporation was formed, and assets were formally transferred. The process was completed in 2015, when The Augustine Fellowship, S.L.A.A., Fellowship-Wide Services, Inc. was established as the new Texas corporation, and the original Massachusetts corporation was dissolved. S.L.A.A. was well on its way to becoming a truly global fellowship.

S.L.A.A. Today

What began with four people in a Cambridge apartment has grown into a worldwide fellowship. As of July 1, 2026, S.L.A.A. includes 70 Intergroups, more than 2,000 registered Groups across nearly 60 countries. The service structure - described visually as an inverted triangle, with ultimate authority residing in the collective conscience of the fellowship's membership - flows from individual groups through intergroups to the Annual Business Conference and the Board of Trustees.

The history of S.L.A.A. is, at its core, the story of people who found that the Twelve Step model could be applied to a form of suffering that had no name when the fellowship was founded - and who, in finding each other, discovered that recovery was possible!

Schedule Overview

BALTIMORE

Registration & Check-In Hours (Calvert Foyer)

Thursday - 7:30–9:00 am, 8:00–9:00 pm

Friday - 8:30 am–3:00 pm, 8:00–9:00 pm

Saturday - 7:30–10:30 am

Arriving after registration closes? Visit Salon E and ask a Bookstore Coordinator for assistance.

Bookstore Hours (Salon E)

Friday - 8:30–11:45 am and 1:45–4:30 pm

Saturday - 7:30–11:45 am and 1:45–6:15 pm Sunday - 9–11 am

VIRTUAL

Participation Windows and Zoom IDs

Attendees may join the Zoom rooms listed in the Zoom Room Directory.

Attendee preference will be given to those who are only participating virtually. When looking at the schedule, each session has a code (Ex: A1, A2, etc.). The number in each session designates the Zoom Room number.

Room #1: ID: 833 3515 6629

Room #2: ID: 842 2976 3262

Room #3: ID: 859 0000 8100

Room #4: ID: 842 7222 5846

The **password** for each room is: _____

Plenaries & Sunday's "**A Conversation with Rich**" is in Room #1.

Thursday Schedule

7:30–9 am - CFaC Forum and IRC Registration Open (Foyer)

8:30 am–5 pm - CFaC Forum (Salon D)

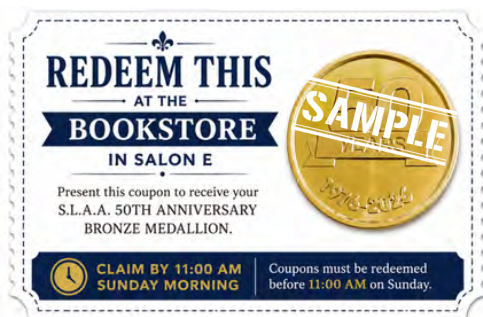
6:30–8 pm - Thursday Dinner for CFaC (Off-Site, RSVP Required)

8–9 pm - Early Registration Open for IRC Pre-Registrants

8:30–9:45 pm - S.L.A.A. Fantasy Meeting (Salon A)

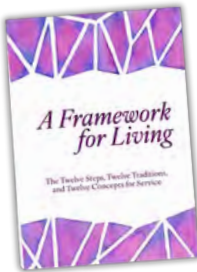
9–10 pm - Presenter & Volunteer Training (Salon E)

Baltimore Attendees:
Don't forget to turn in your
voucher received at
registration for your
commemorative 50th
Anniversary Bronze
Medallion!



IRC Bookstore

The IRC Bookstore is located in **Salon D**, with print copies of all currently available S.L.A.A. literature including the newly published *A Framework for Living* and *Texto Basico*. **Also available** are a limited quantity of S.L.A.A. 50th Anniversary merchandise including hats, mugs, notebooks, commemorative (bronze) and collectible (gold-plated) 50th Anniversary medallions.



All proceeds from literature sales benefit Fellowship-Wide Services.



Silent Auction

Browse a wonderful selection of unique items donated by members of our Fellowship. Auction highlights include handmade creations by S.L.A.A. fellows, French sobriety chips, attendance at an upcoming GDVI Retreat, recovery-themed gifts, and many other one-of-a-kind treasures. *Remember to consider gifts or proxy purchases for sponsees or friends!*

Bidding is open through 11:00 AM on Sunday.

Winners will be notified by text message between 11:00 AM and 11:45 AM on Sunday. Please make payment and claim your winning item(s) in Salon E during the announced pickup time. Shipping of physical items is unavailable.

Thank you for supporting S.L.A.A. through your participation in the Silent Auction!





THE S.L.A.A. PREAMBLE

Sex and Love Addicts Anonymous

Sex and Love Addicts Anonymous is a Twelve Step, Twelve Tradition oriented fellowship based on the model pioneered by Alcoholics Anonymous.

The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. S.L.A.A. is supported entirely through the contributions of its membership and is free to all who need it.

To counter the destructive consequences of sex and love addiction, we draw on five major resources:

1. **Sobriety.** Our willingness to stop acting out in our own personal bottom-line addictive behavior on a daily basis.
2. **Sponsorship / Meetings.** Our capacity to reach out for the supportive fellowship within S.L.A.A.
3. **Steps.** Our practice of the Twelve Step program of recovery to achieve sexual and emotional sobriety.
4. **Service.** Our giving back to the S.L.A.A. community what we continue to freely receive.
5. **Spirituality.** Our developing a relationship with a Power greater than ourselves which can guide and sustain us in recovery.

As a fellowship S.L.A.A. has no opinion on outside issues and seeks no controversy. S.L.A.A. is not affiliated with any other organizations, movements or causes, either religious or secular.

We are, however, united in a common focus: dealing with our addictive sexual and emotional behavior. We find a common denominator in our obsessive/compulsive patterns, which transcends any personal differences of sexual orientation or gender identity.

We need protect with special care the anonymity of every S.L.A.A. member. Additionally we try to avoid drawing undue attention to S.L.A.A. as a whole from the public media. For more information in English, please visit the S.L.A.A. website at <https://slaafws.org/>

Friday Schedule

Registration Desk Open: 8:30 am to 3:00 pm

Bookstore Open: 8:30 am to 11:45 am & 1:45 pm to 4:30 pm

7:30–9 am - Breakfast (for hotel guests)	Foyer & Ballroom
9–11:30 am - CFaC Forum - Day 2	Salon D
9–10 am - Presenter & Volunteer Training (for those who did not attend Thursday night)	Salon E
9 am - Creative Activities Open	
11:30 am - Virtual Participation Opens	Zoom #1
12–1:30 pm - Friday Lunch Plenary Session Five Decades, Five Major Resources (Part 1) Sobriety (Meg C.), Sponsorship (Laurie O.), and Meetings (Luke D.) <i>Virtual attendees join via Zoom #1</i>	Ballroom

1:45–2:45 pm - Workshop Sessions A

A1: Focus on Spirituality (David K. & Stan B.) **Salon A**
Join two panelists as they each share their experience, strength, and hope with regard to faith and spirituality.

A2: Fostering Loving & Supportive Community to Support Growth in Recovery (Megan D.M.) **Salon B**
How do we develop a community in recovery in order to support our growth and development? In this workshop, we will review the benefits of persevering through fear to foster and develop a supportive community in S.L.A.A. and take a deep dive into the tools available (meetings, outreach, fellowship, sponsorship). We will also review how to use triggers as resources as a means to recognize our part when triggered so that we do not perpetuate harms against others in fostering the community. Triggers as a Resource booklet will be referenced.

A3: Reconciliation: Rebuilding Love and Trust Using the Twelve Steps (Shelby M.) **Salon D**
This workshop focuses on fostering reconciliation and building healthy, open systems within personal relationships after entering S.L.A.A. Participants will begin by sharing experience, strength, and hope, emphasizing the journey from active addiction to recovery. The session introduces "Open Systems Theory" and uses the S.L.A.A. Basic Text and the "Healthy Relationships" pamphlet to distinguish between healthy and unhealthy dynamics. Attendees will receive a visual aid and writing prompts to evaluate their own relationship systems and discover how Steps 4 and 10 help identify personal patterns that either encourage openness or create closed systems.

Friday Schedule

3–4 pm - Workshop Sessions B

B1: Focus on Sober Dating (Luke D., Fran R., Chelsea M.) **Salon A**
Join three panelists as they each share their experience, strength, and hope with navigating sober dating within S.L.A.A.

B2: Porn and Masturbation Addiction (Chris D.) **Salon B**
Abstaining or moderating pornography and masturbation challenges many of us in S.L.A.A. recovery. This workshop will discuss how we can support each other and what tools and practices are being used to help us stay sober from these bottom lines.

B3: Finding Balance Through 3 Circles (Ari F. & Lisa S.) **Salon D**
Learn how Bottom, Middle, and Top Lines can help strengthen sobriety, recognize warning signs before acting out, and create healthy behaviors that support lasting recovery. Participants will explore practical examples and begin identifying their own Three Circles. Please have something to write with.

 *Remote attendees: Please have colorful writing utensils on hand (crayons, markers, paper, etc.).*

B4: Step 4: Taking a Personal Inventory (Patrick D) **Zoom Only**
This hands-on workshop presents writing inventory as a series of skills that we can all learn, practise, and strengthen. Beginning with identifying items to be inventoried (our resentments, fears, and conduct), participants will have the opportunity to engage with each skill, helping them prepare to write their first full Step 4 inventory or simply deepening their practice of Step 10.

4 p.m. Virtual Participation Ends for Friday

4–5 p.m. Welcome Reception (Caswell Suite, 19th Floor)

Light food will be served. Please be mindful of your personal recovery needs and make the choices that best support your sobriety and well-being; alcohol and mixed drinks are available at the adjacent LB Sky Bar.

5–8 p.m. Dinner On Your Own & Friday Night Festivities

8–9 p.m. Registration Open

9–10:15 p.m. S.L.A.A. Meetings

Women (Salon A) Men (Salon B) LGBTQ+ (Salon D)
If you rearrange tables or chairs, please ensure rooms are returned to their original set up after the meeting.



Friday Festivities



The National Aquarium at Inner Harbor features thousands of animals, hundreds of species, all in one aquarium. It is a short walk from the Lord Baltimore Hotel and features a 50% off admission promotion on Friday after 5 pm. **Preorder tickets:** <https://aqua.org>



LB Sky Bar - Perched on the **Lord Baltimore Hotel's 19th floor** rooftop with stunning views of the surrounding skyline, the open-air LB Skybar draws a fashionable crowd with its hand-crafted cocktails and a full menu of light bites.



Paranormal show-and-tell. Magic meets the unexplained is at the Lord Baltimore Hotel's in-house magic theatre! The show is 8-9:30 p.m. - Info at <https://www.poesmagic.com>. Discounted tickets (\$20) should be purchased early at the **hotel front desk**.



Lord Baltimore Hotel Ghost Tour is held on Friday nights at 10 pm and is free (space permitting) for our event's guests. You must RSVP at the **hotel front desk** using the "Augustine Fellowship" as your group name.



Baltimore Sightseeing Cruise - Hour-long bay cruises departs from the nearby Light Street Pier (555 Light St.) at 5 pm - \$25 per person. (You'll need to skip the welcome reception to get to the pier for boarding at 4:45 pm). Book at watermarkjourney.com



Restaurants! SCAN ME!

The IRC Baltimore Team has opted to provide time on Friday night for our participants to select their own dining destination.

In addition to the on-site restaurants, the LB Hotel is located within a short walk of more than 200+ restaurants, accommodating various budgets and taste palates.

Scan the QR code with your phone for a list or inquire at the hotel front desk.

Please do not travel after dark alone. Ask a recovery fellow to join you! Sunset during the IRC is approximately 8 p.m.



Saturday Schedule

Registration Desk Open: 7:30 am to 10:30 am*

Bookstore Open: 7:30 am to 11:45 am & 1:45 pm to 6:15 pm

* If arriving after the registration desk closes, visit the bookstore to check-in and get your registration materials.

4:30–5:15 am - "Step One: The Newcomer View"	Zoom #1
7 – 9 am - "Sunrise Surrender" (Women's Meeting)	Salon A
7:30–9 am - Breakfast (for hotel guests)	Foyer & Ballroom
9–10:15 am - Workshop Sessions C	

C1: Focus on Multiple Addictions (Hal H., Bridgid C., Diane D.) Salon A
Join three speakers as they each share their experience, strength, and hope around navigating recovery, finding healing, and building a foundation for lasting sobriety with multiple addictions & programs of recovery.

C2: When Sponsees Aren't Ready (Rachel P.) Salon B
Navigating sponsorship when a sponsee is not yet sober presents a unique challenge: how do you foster recovery while they are still struggling? Join us for an interactive exploration of "building the ladder" to sobriety while a sponsee is still "digging the hole." This workshop offers sponsors practical strategies — from gathering data on triggers to finding a personal "why" — to balance non-judgment with essential accountability. Through shared experience and discussion, we will explore how to build a robust recovery toolbox and support sponsees who desire recovery but are not yet willing or able to fully commit to sobriety.

C3: A Guide to the 12 Traditions & Their Place in Daily Life (Emmet O.) Salon D

Description is pending.

Saturday Schedule

10:30–11:45 am - Workshop Sessions D

D1: Focus on Emotional Sobriety (Mike R. & Lisa M.) **Salon A**

Join two panelists as they each share their experience, strength, and hope around finding emotional sobriety within the S.L.A.A. program of recovery.

D2: The Role of Fantasy in Sex & Love Addiction (Jeff R.) **Salon B**

Unmask the hidden driver of sex and love addiction in this compelling workshop focused on compulsive fantasy. For many, fantasy serves as a dangerous escape and a critical enabler of bottom-line behaviors. This session explores how addictive fantasizing creates unmanageability and leads to relapse, while offering practical, Step-based strategies to stay present. Participants will learn to differentiate between healthy imagination and addictive fantasy using tools such as fantasy inventories, mindfulness techniques, and relevant literature.

D3: Panel: The Female Experience in S.L.A.A. **Salon D**

Description is pending.

12–1:30 pm - Saturday Lunch Plenary Session **Ballroom**

Five Decades, Five Major Resources (Part 2)

Steps (Bruce P.), Spirituality (Chris V.), and Service (Jenny R.)

Virtual attendees join via Zoom Room #1

1:45–3 pm - Workshop Sessions E

E1: Focus on Parenting in Recovery (Carly C. & Shelby M.) **Salon A**

Join two panelists as they each share their experience, strength, and hope with regard to parenting in recovery.

E2: Step 6 & 7: Drop the Rock (Ari F.) **Ballroom**

Note: This is a hands-on workshop that will not be livestreamed or recorded.

This is a hands-on activity with a creative and effective way to support us in letting go of our character defects and recognizing our character assets. All are welcome, whether you have completed these steps or have not even started working Step One. At the end of this workshop, you will receive a one-of-a-kind keepsake to take home.

E3: Legal Consequences (John D. (PA), Mike T. & David K.) **Salon D**

The old saying goes that unaddressed addiction ultimately ends with jails, institutions, or death. This workshop will provide attendees with an overview of the important work of the S.L.A.A. Hospitals and Institutions Committee (CHIC). The facilitators will share their experience, strength, and hope around their involvement in the criminal legal system. Resources will be provided.

Saturday Schedule

3:15–4:30 pm - Workshop Sessions F

F1: Focus on Withdrawal (Janice C. & Rick B.)

Salon A

Join two panelists as they each share their experience, strength, and hope regarding withdrawal in S.L.A.A.

F2: Deepening Experience of Step 3 (Diane D. & S.L.A.A. MD/DC Fellows)

Salon B

This workshop will not be livestreamed or recorded.

This workshop offers participants a deep dive into Step Three of the S.L.A.A. program: "Made a decision to turn our will and our lives over to the care of God as we understood God." This interactive session explores the concepts of surrender and daily practice. Attendees will engage in guided meditation, reflective journaling, and group discussion to gain personal insights into their own spiritual journey. Participants will leave with a clearer understanding of Step Three and practical tools to deepen their connection with their Higher Power. This workshop will reference Step 3 from A Framework for Living – having a copy is helpful but not required. All attendees should come with something to write with.

F3: Developing a Practical Coping Skills Toolkit (Eric C.)

Salon D

This workshop will equip attendees with core coping skill types, including emotion-focused, problem-focused, cognitive, behavioral, and relational techniques. The session provides practical tools like grounding, urge surfing, trigger mapping, and technology controls. Participants will learn to build a personalized, one-page toolkit and discuss comprehensive relapse-prevention plans. We will also cover engaging support systems, practicing self-compassion, and creating a concrete action plan using SMART goals.

4:45–6 pm - Workshop Sessions G

G1: Focus on Steps 8 & 9 (Amends) (Loni P. & Terre R.)

Salon A

Join two panelists as they each share their experience, strength, and hope around steps 8, 9, and making amends.

G2: Deepening Experience of Step 3 - Part 2 (Elle D.)

Salon B

This workshop will not be livestreamed or recorded.

This workshop offers participants the chance to expand on the concept of letting go. This is a beautiful exercise that includes affirmations.

G3: Inner Rhythm of Recovery: Living Steps 3 to 11 (Carly C.)

Salon D

Recovery unfolds through a rhythm of pausing, listening, and surrender. This experiential workshop explores Steps Three and Eleven through meditation, moving beyond theory and using meditation as a practical recovery tool to cultivate conscious contact with our inner lives and a Higher Power. Participants will engage in guided practices designed to deepen awareness and compassion while learning a sustainable framework for integrating meditation into daily recovery. Gain the tools to navigate the ebbs and flows of the human experience with greater presence, curiosity, and the strength to live in reality.

Fifty Years of S.L.A.A. *Golden Anniversary Celebration*

August 22, 2026 - Starting at 7 pm EDT

Five Decade Speakers

2016-2025: Sarah B. (Rome)

2006-2015: Manuel M. (CA, USA)

1996-2005: Austin H. (MA, USA)

1986-1995: Deb W. (OH, USA)

1976-1985: Stephen "Rich" M. (MA, USA)



**1976 -
2026**

**50
YEARS**
1976-2026

Sunday Schedule

Early Morning Workshops Live from Ireland (Zoom Only)

4:30–5:15 a.m.

H1: Residential & Outpatient Recovery for Sex & Love Addiction (Paul F.)

A facilitated open discussion on the lived and felt experience of fellows who attended residential and non residential addiction treatment in Ireland. A discussion on what were the Strengths, Weaknesses, Opportunities and Threats of these programs.

H2: Experience of S.L.A.A. from an LGBTQ Perspective

Description Pending

5:30–6:30 a.m.

J1: 'Lights will guide you home': Storytelling, art & poetry as and working the Twelve Steps (Martin M.)

In keeping with the convention theme of '5 decades, 5 major resources', this workshop explores some of the ways whereby storytelling, art & poetry can help us to work the Twelve Steps. Participants will engage in short storytelling exercises. The group will then explore how storytelling, art and poetry can help the process of addiction recovery. Selected images, stories and poetry associated with the Twelve Steps are offered for reflection and group discussion. Finally, participants' capacity for storytelling is enhanced through an exercise where they are challenged to create 'twelve secret names' for a beloved being in their lives.

J5: Recovery from Sex and Love Addiction: A Therapist's View (John D Ireland)

It is hoped that those attending the workshop will gain a deeper understanding of how to choose a therapist who really understands sex and love addiction and twelve-step spirituality and who can help them to work through their shame rather than unwittingly deepen it.

Sunday Schedule

9:15–10:30 am - Workshop Sessions K

K1: Wisdom to Know the Difference: Envelope Inventory (Michelle N.)

Salon D

There's a reason we keep coming back to that line in the Serenity Prayer — it's a lifelong practice. This workshop offers a simple, portable process for finding that line: the one between what is ours to act on and what is ours to release. In less than 30 minutes, you'll move through an inventory exercise grounded in Steps 1, 2, 3, 4, 6, 7, and 11 that you can take with you. No prior step work required — just bring yourself and whatever's on your mind today.

: Virtual attendees should have an envelope and index cards (or notecard-sized sheets of paper) on hand to participate.

K2: Winning at the Game of Anorexia Recovery (Rick B.)

Salon B

Attendees will have an opportunity to look at tools to address anorexia from a new perspective and re-energize their recovery with a rediscovery process.

K3: Meditation for Self-Love (Lisa S.)

Salon A

Many of us in S.L.A.A. struggle with negative self-esteem. Accessing the powerful tool of meditation can be challenging for people. In this workshop, attendees will cultivate feelings of self-regard and care through guided meditation and journaling. This workshop is an opportunity to deepen one's Step 11 work through meditation in a safe, accessible, and nurturing setting. Attendees in person may bring yoga mats, pillows, or towels if they choose. All attendees should come with a journal or notebook and a pen/pencil.

: Virtual attendees should bring a notecard and envelope.

10:45–11:45 am - Getting Current Meeting & L3 Workshop

Baltimore & Virtual attendees will gather in **Salon A** to share final shares and reflections about the IRC. (Virtual Attendees: Zoom #2)

L3: Focus on Legal Consequences (Michael S., Steve P., David K.)

Facilitated by Michael S., founder of the Sexual Life & Legal Consequences Meeting & Inspiration Line who recently marked 40 years in S.L.A.A., panelists will share experience, strength, and hope around working recovery during and following life and legal consequences.

11 am - Silent Auction Closes

12 pm - Closing Plenary Luncheon:

"A Conversation with 'Rich'"

1:30 pm - Farewell & Closing Remarks

Baltimore Attendees, please join us in the
ballroom, seated by **12 noon**
Lunch is available starting at 11:45 am.



A Conversation with Rich

Author of Sex and Love Addicts Anonymous
(basic text) and S.L.A.A.'s original member

Closing Plenary Session at the 2026
S.L.A.A. International Recovery Convention
Sunday August 23, 2026 at 12 to 1:30pm ET.



Baltimore Attendees may submit their
questions for Rich in writing at the
Bookstore in Salon E.
Castletown Attendees may submit their
questions to Roland B.

**Deadline for submissions is
11:59 p.m. ET on Saturday Night**

The IRC officially closes for US & Virtual Attendees at 2 pm EDT



THE TWELVE STEPS OF S.L.A.A.*

Sex and Love Addicts Anonymous

1. We admitted we were powerless over sex and love addiction - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with a Power greater than ourselves, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to sex and love addicts and to practice these principles in all areas of our lives.

*©1985 The Augustine Fellowship, S.L.A.A., Fellowship-Wide Services, Inc. All Rights Reserved. The Twelve Steps are reprinted and adapted with permission of Alcoholics Anonymous World Services, Inc. Permission to reprint and adapt the Twelve Steps does not mean that A.A. is affiliated with this program. A.A. is a program of recovery from alcoholism only. Use of the Twelve Steps in connection with programs and activities, which are patterned after A.A., but which address other problems, does not imply otherwise.

THE TWELVE STEPS OF ALCOHOLICS ANONYMOUS 1. We admitted we were powerless over alcohol — that our lives had become unmanageable. 2. Came to believe that a Power greater than ourselves could restore us to sanity. 3. Made a decision to turn our will and our lives over to the care of God as we understood Him. 4. Made a searching and fearless moral inventory of ourselves. 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. 6. Were entirely ready to have God remove all these defects of character. 7. Humbly asked Him to remove our shortcomings. 8. Made a list of all persons we had harmed, and became willing to make amends to them all. 9. Made direct amends to such people wherever possible, except when to do so would injure them or others. 10. Continued to take personal inventory and when we were wrong promptly admitted it. 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out. 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



International Recovery Convention Team

U.S. Team

John D. PA, Co-Chair, Logistics, Tech, Finance/Operations
Ari F. NJ/CA, Co-Chair, Program, Volunteers
Michelle N. CA, Registration, Bookstore
Lisa S. NJ, Outreach, Activities
Mike T. IN, Technology & Project Management

Ireland Team

Roland B. & Micheál B., Co-Chairs
Frank W., Finance
Liam K., Program and Speakers
Paul C., Registration
Liam M., Volunteers and Tech

F.W.S. Staff: Pam Reyes, Executive Director; Christina C., Office Assistant;
Hector F., Mailroom Associate; John D. PA, Webmaster/IT Contractor

2025-26 F.W.S. Board of Trustees: Chris D. CA, Chair; Ari F. NJ/CA,
Secretary; Jeff R., WA, Treasurer; Kathleen A. CA, James B. UT, Max B. CA,
Rochelle C. OH, Patrick D. UK, John S. CA

U.S. Safety Contacts:

He/Him: John D.: 570-706-6794; Chris D. 619-857-6292
She/Her: Ari F.: 609-580-0398, Lisa S.: 609-539-7596
They/Them: David K.: 445-235-3429

Ireland Safety Contacts:

Roland B. +353 (0) 87 266 0631
Micheál B. +353 (0) 87 278 4885

Virtual Safety Contact: Mike T. (they/them) - 317-217-9041



Did You Know?

Fellowship-Wide Services...

... Carries the message of recovery to the addict who still suffers by providing literature, meeting lists, and info to newcomers, members, and others via website, telephone, e-mail, and postal mail.

... Maintains lists of worldwide intergroups, groups, contacts, meeting times and dates via the F.W.S. website, plus databases for Conference members, committees, newsletters, and theJournal.

... Provides information about S.L.A.A. to professionals such as therapists, lawyers, treatment centers, hospitals, and institutions.

... Provides new groups and intergroups with best-practice resources to get started.

... Publishes and distributes the volunteer-created F.W.S. Newsletter containing updates from the S.L.A.A. Conference, Board of Trustees, intergroups, groups, and F.W.S. staff.

... Maintains a knowledge base for groups/intergroups to utilize when questions or conflicts arise.

... Responds to national and international media and the professional community inquiries via the Board Outreach Committee and the F.W.S. staff.

... Supports the Literature Creation, Editing, and Publishing (LCEP) process for revising and creating new resources for S.L.A.A.

... Sponsors and coordinates all logistics including registration, technology, outreach, and communication regarding the fellowship-wide Annual Business Conference/Meeting (ABC/M).

*... Processes nearly **10,000** orders annually; publishes, produces, and ships more than **75,000** pieces of literature and recovery tools a year – including pamphlets, booklets, theJournal, Sex and Love Addicts Anonymous Basic Text (in multiple formats), and A State of Grace daily meditation reader, etc.*

*... Coordinates the **slaafws.org** Fellowship-Wide Services website, central technology resources, global databases, and shared technology, financial management systems, donation platforms, and cybersecurity.*

... Ensures adherence to federal and state regulations and guidelines regarding administration of a non-profit organization.

*... Is fully self-supporting according to **Tradition Seven**. F.W.S. does not accept any contributions from outside sources. It relies entirely on contributions from intergroups, groups, and members as well as S.L.A.A. Conference-approved literature sales.*

Please consider supporting F.W.S. with a Seventh Tradition charitable donation at <https://slaafws.org/donate> or scan the below QR code with your phone.



Augustine Fellowship, S.L.A.A., Fellowship-Wide Services, Inc.

2411 NE Loop 410, Ste 122 - San Antonio TX 78217 USA

Tel: 210-828-7900 Fax: 210-828-7922 Email: officeassistant@slaafws.org

Office Hours: Monday-Friday 9:00am-5:00pm CT.

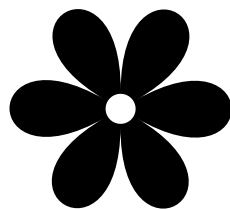
19.76 ¥1976 £19.76 €19.76 \$19.76

19.76 ¥1976 £19.76 €19.76 \$19.76



1976

Campaign



S.L.A.A. was founded in 1976 and celebrates our 50th Anniversary in 2026!

The 7th Tradition states S.L.A.A. is fully self-supporting, declining outside contributions.

S.L.A.A. relies on member contributions and literature purchases to operate.

Join your fellows and donate a recurring monthly donation of 19.76 (or whatever you can).

19.76 ¥1976 £19.76 €19.76 \$19.76

THREE WAYS TO CONTRIBUTE!

SCAN ME!



VISIT THIS WEBSITE

<https://slaafws.org/donate>

GIVE VIA VENMO

@slaafws-official

Please consider giving as generously as you responsibly can, so that Fellowship-Wide Services can continue to carry the message of recovery from sex and love addiction to the addict who still suffers.

The Augustine Fellowship, S.L.A.A., Fellowship-Wide Services, Inc. is a 501(c)3 public charity in the United States. Contributions by U.S. contributors are fully tax-deductible to the limits allowed by law. Please remember S.L.A.A. in your will or estate plan. Contact bottreasurer@slaafws.org for more information.



Save the Date



JOIN US FOR TWO UPCOMING
GDVI RETREATS



All Gender Step Retreat
at Kirkridge Retreat Center,
Bangor, PA

- Financial aid and payment options are available.
- Questions? Email retreats@slaadvi.org



JOSHUA TREE, CALIFORNIA *GDVI Destination Twelve Step Retreat*



**THURSDAY – SUNDAY
APRIL 1 TO 4, 2027**

at Kirkridge Retreat Center, Bangor, PA



CONNECTION



GROWTH



REFLECTION



FELLOWSHIP

Join us for an immersive experience focused on connection, growth, reflection, and fellowship in the peaceful setting of Joshua Tree.

More info & registration: slaadvi.org/retreats

— Save the Date — **IRELAND RETREAT** *De La Salle Pastoral Centre*



APRIL 16 TO 18, 2027

Perfectly located, Castletown, County Laois sits just off the M7, linking travellers directly to:



Dublin Airport (110 km / 68 miles – about 1 hr 20 mins) and **Shannon Airport** (150 km / 93 miles – about 1 hr 45 mins), which between them offer direct flights to 26 North American cities, while Dublin Airport itself connects to over 150 European cities.



The nearest rail connection at **Portlaoise Train Station** (17 km / 10 miles – 20 mins) offers up to 36 trains each way to central Dublin in under 50 mins.

